



دانشگاه علوم پزشکی ارومیه

دانشکده بهداشت

گروه بهداشت عمومی



مشخصات فردی:

نام: علیرضا

نام خانوادگی: دیدارلو

تاریخ تولد: ۱۳۴۸

رشته تحصیلی: آموزش بهداشت و ارتقاء سلامت

سطح تحصیلات: دکترای تخصصی (Ph.D)

مرتبه علمی: استاد

زمینه آموزشی و تحقیقاتی:

- ✍ طراحی برنامه های آموزش بهداشت و ارتقاء سلامت
- ✍ اجرا و ارزشیابی مداخلات آموزش بهداشت و ارتقاء سلامت
- ✍ چگونگی استفاده از تئوری ها و مدل های آموزش بهداشت در برنامه ریزی برنامه های بهداشتی، آموزشی و تغییر رفتار
- ✍ ارتباطات در برنامه های سلامت
- ✍ اصول و مبانی اپیدمیولوژی
- ✍ تکنولوژی آموزشی
- ✍ اصول خدمات بهداشتی
- ✍ جمعیت و سلامت خانواده
- ✍ سبک زندگی سالم و کیفیت زندگی مرتبط با سلامت
- ✍ زبان تخصصی

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آدرس:

ارومیه، کیلومتر ۱۱ جاده سرو، پردیس دانشگاه علوم پزشکی ارومیه، دانشکده بهداشت، گروه بهداشت عمومی

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سوابق تحصیلی:

مقطع	رشته تحصیلی	زمان تحصیل	محل تحصیل
کارشناسی	پرستاری	۱۳۶۷-۱۳۷۲	دانشگاه علوم پزشکی شهید بهشتی
کارشناسی ارشد	آموزش بهداشت	۱۳۷۷-۱۳۸۰	دانشگاه تربیت مدرس
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کسب رتبه اول کشوری در آزمون کارشناسی به کارشناسی ارشد رشته آموزش بهداشت و ارتقاء سلامت
کسب رتبه دوم کشوری در آزمون کارشناسی ارشد به دکترای تخصصی رشته آموزش بهداشت و ارتقاء سلامت

سوابق اجرایی:

کارشناس مسئول آموزش سلامت شبکه بهداشت و درمان شهرستان خوی
سوپر وایزر آموزشی بیمارستان شهید مدنی خوی
مدیر گروه بهداشت عمومی

سوابق آموزشی:

عضو هیأت علمی دانشگاه علوم پزشکی ارومیه از سال ۱۳۹۰ تاکنون
عضو شورای آموزشی دانشکده بهداشت ارومیه
تدریس دروس بهداشت در مقطع کارشناسی، کارشناسی ارشد و دکتری حرفه ای به شرح زیر:

- اصول و مبانی اپیدمیولوژی
- پرستاری بهداشت جامعه ۱، ۲، ۳
- اصول خدمات بهداشتی
- جمعیت و تنظیم خانواده
- بهداشت عمومی
- آموزش بهداشت و ارتقاء سلامت
- تئوری ها و الگوهای آموزش بهداشت و ارتقاء سلامت

- تکنولوژی آموزشی
- روش تحقیق مقدماتی و پیشرفته
- ارتباط در سلامت
- زبان تخصصی بهداشت عمومی و بهداشت مدارس
- زبان تخصصی آموزش بهداشت و ارتقاء سلامت

سوابق پژوهشی:

- عضو شورای پژوهشی دانشکده علوم پزشکی و خدمات بهداشتی و درمانی خوی
- عضو شورای پژوهشی دانشکده بهداشت ارومیه
- پژوهشگر فعال دانشگاه، سال ۱۳۹۲
- پژوهشگر برگزیده دانشکده بهداشت سال ۱۳۹۹
- عضو شورای پژوهشی مرکز تحقیقات عوامل اجتماعی موثر بر سلامت
- عضو شورای پژوهشی موسسه تحقیقات بالینی
- عضو هیأت داوران مجلات :

Health Promotion Journal of Australia (ISI, IF: 1.231)

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- مجله دانشکده پرستاری و مامایی ارومیه
- مجله آموزش بهداشت و ارتقاء سلامت ایران

مقالات چاپ شده در مجلات بین المللی و علمی پژوهشی:

1. **Alireza Didarloo**, Davoud Shojaeizadeh, Hassan Eftekhar Ardebili, Shamsaddin Niknami, Ebrahim Hajizadeh, and Mohammad Alizadeh. Factors Influencing Physical Activity Behavior among Iranian Women with Type 2 Diabetes Using the Extended Theory of Reasoned Action. *Diabetes Metab J.* October; 35(5): 513–522. (PubMed, Scopus)
2. **Didarloo AR**, Shojaeizadeh D, GharaaghajiAsl R, Habibzadeh H, Niknami Sh, Pourali R. Prediction of Self-Management Behavior among Iranian Women with Type 2 Diabetes: Application of the Theory of Reasoned Action along with Self-Efficacy (ETRA). *Iranian Red Crescent medical journal*, 2012-02- 01. (ISI, PubMed, Scopus).
3. **Alireza Didarloo**, Hamid Reza Khalkhali. Assessing study skills among university students: an Iranian survey. *J EducEval Health Prof* 2014, 11: 8. (PubMed).

4. **A. Didarloo** D, Shojaeizadeh R, Gharaaghajasl S, Niknami A, Khorami. Psychosocial Correlates of Dietary Behaviour in Type 2 Diabetic Women, Using a Behaviour Change Theory. *J HEALTH POPUL NUTR* 2014 Jun; 32(2): (ISI, PubMed, Scopus).
5. H. Habibzadeh, H. Jafarizadeh, **A. Didarloo**. Determinants of failure to thrive (FTT) among infants aged 6-24 months: a case-control study. *J prev med hyg* 2015; 56: E180-E186. (Medline, PubMed, Scopus, Corresponding Author).
6. **Alireza Didarloo**, Davoud Shojaeizadeh., Mohammad Alizadeh. Impact of Educational Intervention Based on Interactive Approaches on Beliefs, Behavior, Hemoglobin A1c, and Quality of Life in Diabetic Women. *International Journal of Preventive Medicine* 2016, 7:38(PubMed, Scopus).
7. **Alireza Didarloo**, and Reza Pourali. University Students' Views Regarding Reasons for Drug Abuse Among Youths. *Int J High Risk Behav Addict*. 2016 March; 5(1): e24778. (PubMed).
8. Mohammad Alizadeh; **Alireza Didarloo**, Ahmad Esmailzadeh. Dietary Patterns of Young Females and Their Association with Waist Circumference as a Health Index in Northwest of Iran, 2007. *Iran Red Crescent Med J*. 2015 May; 17(5): e17594 (ISI, PubMed, Scopus, Corresponding Author).
9. **Alireza Didarloo** and Mohammad Alizadeh. Health-Related Quality of Life and its Determinants among Women with Diabetes Mellitus: A CrossSectional Analysis. *Nurs Midwifery Stud*. 2016 March; 5(1): e28937. (ISI, PubMed).
10. Hamid Reza Khalkhali, Shahsanam Gheibi, Rasool Gharaaghaji, **Alireza Didarloo**. Estimating Steatosis Prevalence in Overweight and Obese Children: Comparison of Bayesian Small Area and Direct Methods. *Int J Pediatr*, Vol.4, N.9, Serial No.33, Sep 2016. (ISI, PubMed, Corresponding Author).
11. Rahim Sharafkhani, Saeed Dastgiri, Asl Gharaaghaji, Saeed Ghavamzadeh, **Alireza Didarloo**. The Role of Household Structure on the Prevalence of Food Insecurity. *European Journal of General Medicine*. 2010; 7(4):385-388. (Scopus).
12. Nilowfar Saligehdar Iran, Firoozeh Mostafavi, **Alireza Didarloo**, Akbar Hassanzadeh (2015). Investigating the Effect of Educational Intervention on selfcare Behaviors of Women

with Hypertension Referred to Urban Health Centers. Indian Journal of Natural Sciences. Vol.5 / Issue 29/ April 2015.

13. **AR Didarlooo**, T Azizzadeh, R Gharaaghajiasl, M Alizade, A Khorami, R Pourali (2013). Survey of Obesity, Underweight, Physical Activity Level and Dietary Consumption among Male Students in Guidance Schools of Makoo. Monthly Journal of Urmia School of Nursing. Volume 11, Number 4 (7-2013) (ISC, Persian).

14. **Didarlooo A**, Shojaeizadeh D, EftekharaArdebili H, Niknami S, Hajizadeh E, Alizadeh M (2011). Assessment of factors affecting self-care behavior among women with type 2 diabetes in Khoy City Diabetes Clinic using the extended theory of reasoned action] [Article in Persian]. Journal of School of Public Health and Institute of Public Health. 2011; 9(2): 79-92. (ISC, Persian).

15. **Ali Reza Didarlooo**, Davood ShojaieZadeh, Hassan Eftekhara, Shamsaldin Niknami, Ibrahim Haji Zadeh, Mohammad Ali Zadeh, Mahdi Zoghalchi (2012). Physical activity among women with type 2 diabetes: prediction by the extended theory of reasoned action, Payesh Journal, Vol. 11, No. 2, March – April 2012 (ISC, Persian).

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17. A Khorami Markani, **A Didarlou**, S Samadzadeh, ShSakhai, H Habibzadeh, Z Habibpour (2005). A study on nursing personnel perspectives toward vasectomy barriers in Khoy. (2005. Urmia Medical Journal » Vol. 17, No. 4) (ISC, Persian) .

18. **Didarlooo A**, Pourali R, Gharaaghaji R, Rahimi B (2014). Comparing the effect three health education methods on the knowledge of health volunteers regarding breast self-examination. The Journal of Urmia Nursing and Midwifery Faculty, Vol 12(2), April, 2014 (ISC, Persian).

19. **Alireza Didarlooo**, Zahra Sorkhabi (2014). Impact of educational intervention on preventing giardiasis among primary schools students in the suburbs of Khoy. The Journal of Urmia University of Medical Sciences, Vol. 25(5), July 2014 (ISC, Persian).

20. **Alireza Didarloo**, HamidrezaKhalkhali, BahlolRahimi, TimourAllahyari(2013). Study Skills and Factors influencing it among Health SciencesStudents of Urmia University of Medical Sciences. Iranian Medical Education Journal; 2013; 14(9): 753-762(ISC, Persian).
21. Abdollah Khorami Markani, Mohammad KhodayariFard, FaridehYaghmaei, Mahmood Abbasi, **Alireza Didarloo** (2014). Spirituality as Experienced by Iranian Muslim Oncology Nurses; A qualitative study. Quarterly of Medical History, 2014; 6(21): 185-209(ISC, Persian).
22. **Didarloo A**, Shorkhabi Z, Pournali R, Sheikhi S (2016). Survey of knowledge, worry and screening behavior towards breast cancer among female students of Urmia University of Medical Sciences, in 2014. The Journal of Urmia Nursing and Midwifery Faculty, Vol 14(3), June, 2016(ISC, Persian).
23. **Alireza Didarloo**, Reza Pournali, Zahra Sorkhabi, Naser Sharafkhani. Survey of prostate cancer-preventive behaviors based on the health belief model constructs among male teachers of Urmia city, in 2015. The Journal of Urmia Nursing and Midwifery Faculty, Vol 14(3), June, 2016. (In Persian).
24. **A Didarloo**, B Nabilou, HR Khalkhali. Psychosocial predictors of breast self-examination behavior among female students: an application of the health belief model using logistic regression. 2017, BMC public health 17 (1), 1-8(ISI, PUBMED, SCOPUS).
25. **A Didarloo**, HR Khalkhali. Assessing study skills among a sample of university students: an Iranian survey. Journal of educational evaluation for health professions, 2014, V 11.
26. R Baghaee, N Khaledian, **A Didarloo**, V Alinezhad. The effect of an educational intervention on the medication adherence in patients with hypertension: based on Basnef model. Nursing and Midwifery Journal, 2016 14 (9), 811-821.
27. S Kazemi, **A Didarlo**, H Khalkhali, A Feizi. Nursing and Midwifery Journal, 2018, 15 (11), 835-842.
28. H Jafaralilou, I Zareban, M Hajaghazadeh, H Matin, **A Didarloo**. The impact of theory-based educational intervention on improving helmet use behavior among workers of cement factory, Iran. Journal of the Egyptian Public Health Association, 2019, 94 (1), 1-7.
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32. L Rahmatnezhad, S Sheikhi, **A Didarlo**, Z Fakoor, M Iranidokht. The Impact of Baby Massage Training on Awareness, Perceived Stress and Breastfeeding Self-Efficacy of Mothers with Hospitalized Neonate. *International Journal of Pediatrics*, 2018, 6 (10), 8297-8306
33. SM Mousavi, N Sharafkhani, P Didarlo, **A Didarlo**. Using the theory of planned behavior to explain intent to consume sugar-sweetened beverages among secondary school students. *International Journal of Pediatrics*, 2019, 7 (5), 9413-9422
34. M Hajaghazadeh, A Jafari, S Jafari, S Hekmatirad, **A Didarlo**. The prevalence of hand eczema and its determinants among female hairdressers: a cross-sectional survey. *The Open Public Health Journal*, 2018, 11 (1).
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36. H Mohaddesi, PA Rashakani, **A Didarlo**, H Khalkhali. Effect of Intervention Based on Health Belief Model on the Change in Nutritional Behavior of Pregnant Mothers with Iron Deficiency Anemia Referred to Urmia Health Centers. *Pharmacophore*, 2017.
37. **A Didarlo**, M Akhgar, F Moghaddam-Tabrizi, R Gharaaghaji, S Sheikhi. Psychometric Properties of the Iranian version of Champion's Revised Health Belief Model Scale for Breast Cancer screening. *Iranian journal of nursing and midwifery research*, 2020, 25 (2), 146.
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39. S Kamalian, **A Didarlo**, HR Khalkhali, M Maheri. Relationship between health-promoting lifestyle and quality of life among middle-aged women in Bazargan city. *Nursing and Midwifery Journal*, 2021, 19 (3), 222-232.
40. R Bayrami, **A Didarlo**, A Asadinejad. Predictors of preconception care behaviour among women of reproductive age using a behaviour-change model. *Proceedings of Singapore Healthcare*, 2021, 30 (2), 125-130.

41. S Delsouz, HR Farrokh Eslamlou, **A Didarlooo**. The impact of educational intervention based on health belief model on promoting health beliefs among male high school students in Oshnavieh toward AIDS. *Nursing and Midwifery Journal*, 2021, 19 (1), 67-76.
42. **A Didarlooo**, Z Sorkhabi, N Sharafkhani. Investigating the predictors of intention to consume fruits and vegetables in junior high school students based on the structures of the theory of planned. *Nursing and Midwifery Journal*, 2021, 18 (12), 986-994.
43. **A Didarlooo**, L Mokhtary, HR Khalkhali, S Ahangarzadeh-Rezaei. The Impact of the Theory-Based Training on Beliefs of Women towards Breast Cancer Screening Behaviors. *Current Women's Health Reviews*, 2020, 16 (3), 229-235.
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45. R Bayrami, **A Didarlooo**, A Asadinejad. Prediction of physical activity based on the BASNEF model constructs during preconception period among women referred to Uremia health centers. *Journal of hayat*, 2020, 26 (1), 105-117.
46. H Ghorbannejad, F Bakhshimoghaddam, M Alizadeh, **A Didarlooo**. Association of Food Insecurity with Overweight and Obesity in Adolescent Female Students (12-15 Years Old) in Urmia. *Journal of Sabzevar University of Medical Sciences*, 2020, 26 (6), 657-663.
47. **A Didarlooo**, HR Khalkhali, B Ghorbani. Relationship between health belief model and human papillomavirus vaccine intent among female students of Urmia University of medical sciences. *Nursing and Midwifery Journal*, 2020, 17 (11), 897-906.
48. MA Haniyeh Ghorbannejad, **Alireza Didarlooo**, Farnush Bakhshimoghaddam. Association of Dietary Patterns with Overweight and Obesity in Adolescents Female in Urmia. *Journal of Sabzevar University of Medical Sciences*, 2020, 27 (1), 7-17.
49. R Bayrami, **A Didarlou**, H Khalkhali, H Ayatollahi, B Ghorbani. Relationship between health belief model and human papillomavirus vaccine intent among female students of Urmia University of medical sciences. *Journal of Urmia nursing and midwifery faculty*, 2020, 17 (11124), 897-906.
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51. **A Didarlooo**, HR Farrokh-Eslamlou. Childhood Obesity, a Threat to Health: Challenges and Solutions. *Health Education and Health Promotion*, 2017, 5 (4), 1-3

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53. S Kamalian, **A Didarlooo**, HR Khalkhali, M Maheri. A Study on the effect of lifestyle educational intervention based on the theory of planned behavior on promoting quality of life of middle-aged women. *Journal of Women & Aging*, 1-16.
54. Z Rashidi, R Bayrami, **A Didarlooo**, H Khakhaly. THE EFFECT OF THEORY-BASED EDUCATIONAL INTERVENTION FOR WEIGHT MANAGEMENT IN THE PRE-PREGNANCY PERIOD. *Nursing And Midwifery Journal* 20 (12), 1001-1013.
55. M Maheri, B Rezapour, **A Didarlooo**. Predictors of colorectal cancer screening intention based on the integrated theory of planned behavior among the average-risk individuals. *BMC Public Health* 22 (1), 1-11.
56. K Yasamani, HR Khalkhali, HR Farrokh Eslamlou, **A Didarlooo**. Determinants of COVID-19 Preventive Behaviors among Women of Reproductive Age in Urmia using a Behavioral Change Model in 2021. *Health Education and Health Promotion* 10 (4), 665-672.
57. S Ghorbanzadeh, M Maheri, HR Khalkhali, A Didarlooo. Predictive factors of adopting COVID-19 preventive behaviors among the urban population: An application of the health belief model. *Iranian Journal of Health Education and Health Promotion*, 21-30.
58. A Khiskar, **A Didarlooo**, HR Khalkhali, M Maheri. Predictors of Preventive Behaviors against the Common Acute Respiratory Viral Infections among Female Hairdressers in Urmia: Application of Extended Protection Motivation Theory. *Iranian Journal of Health Education and Health Promotion* 10 (3), 285-298.
59. **A Didarlooo**, S Khalili, AA Aghapour, F Moghaddam-Tabrizi, SM Mousavi. Determining intention, fast food consumption and their related factors among university students by using a behavior change theory. *BMC Public Health* 22 (1), 314.
60. H Habibzadeh, A Bagherzadi, **A Didarlooo**, H Khalkhali. The effect of patient education based on health belief model on hospital readmission preventive behaviors and readmission rate in patients with a primary diagnosis of acute...*BMC Cardiovascular Disorders* 21 (1), 595.
61. R Bayrami, **A Didarlooo**, HR Khalkhali, H Ayatollahi, B Ghorbani. The effect of educational intervention based on health belief model on beliefs towards human papillomavirus vaccination in a sample of Iranian female nursing students. *Current Women's Health Reviews* 17 (4), 344-349.

62. S Kamalian, **A Didarlo**, HR Khalkhali, M Maheri. Relationship between health-promoting lifestyle and quality of life among middle-aged women in Bazargan City. *Nursing And Midwifery Journal* 19 (3), 222-232.
63. R Bayrami, **A Didarlo**, A Asadinejad. Predictors of preconception care behaviour among women of reproductive age using a behaviour-change model. *Proceedings of Singapore Healthcare* 30 (2), 125-130.
64. S Delsouz, HR Farrokh Eslamlou, **A Didarlo**. The Impact Of Educational Intervention Based On Health Belief Model On Promoting Health Beliefs Among Male High School Students In Oshnavieh Toward Aids. *Nursing and Midwifery Journal* 19 (1), 67-76.
65. A Bagherzadi, H Habibzadeh, **A Didarlo**, HR Kalkhali. The Effect of Educational Intervention Based on Health Belief Model on Preventive Behaviors of Readmission in Patients with Early Diagnosis of Acute Coronary Syndrome. *Quarterly Journal of Management Strategies in Health System*.

مقالات ارائه شده در همایش های تخصصی بین المللی و داخلی:

1. Survey of prevalence of risk factors among patients with CVA. 1st Provincial Seminar of Cerebrovascular Accident, Azad Islamic University of Khoy, Iran, 2003 (Oral).
2. Impact of educational intervention preventing giardiasis among primary schools students in the suburbs of khoy. 1st National Congress of Health Education, Shahid Sadoghi Yazd University of Medical Sciences, Iran, 2004(Oral)
3. Knowledge and attitude of employed nurses about control of nosocomial Infections. National Seminar of Nursing Care in Surgery, Kermanshah University of Medical Sciences, Iran. 2004(Oral).
4. Assessing mental tensions and the ways for combating it. Provincial Seminar of profile of successful student. Urmia University of Medical Sciences, Iran, 2004(Poster)
5. Views of nursing personnel about Barriers to Marriage. Provincial Seminar of profile of successful student, Urmia University of Medical Sciences, Iran, 2004(Poster).
6. Views of nursing personnel about Barriers to Vasectomy. Local Seminar of Health Promotion, Azad Islamic University of Khoy, Iran, 2005(Oral).
7. Utilization methods for promoting health among health care providers. National Congress of Health Education and Promotion, Zahedan University of Medical Sciences, Tehran, Iran, 2006(Oral).

تالیف و ترجمه کتاب:

- برنامه ریزی ارتقاء سلامت بر اساس تئوری های تغییر رفتار، چاپ دوم، سال ۱۳۹۰

- فرآیند یادگیری و اصول آموزش به مدد جو، چاپ اول، ۱۳۸۴